

## introduction

If you're a serious Rambler or just like to stretch your legs and enjoy the view, Carlow is a brilliant destination to explore on foot. The Carlow Autumn Walking Festival is a great opportunity for beginner, experienced or advanced walkers to enjoy the challenge of Carlow's mountain treks or the peace of its woodland and forest parks. A beautiful and varied landscape, knowledgeable local guides and excellent accommodation all combine to ensure you enjoy an Autumn break, that will leave you feeling revitalized. Each evening join fellow walkers as they listen to traditional Irish music and song.

## guidelines for walkers - treoirínthe do choisithe

Choosing the correct walk – *Bealach a roghnú*

A walk - very experienced walkers

B walk - experienced walkers

C walk - leisure/regular walkers

Walkers should be satisfied that they are fully capable of undertaking their chosen walk. If in doubt please consult the guides or organisers present.

## description of routes - cur síos ar na bealaigh

### saturday, 11th october - dé sathairn

#### A walk - siúlóidí A - Walk 1

In 2008 visitors will have the choice of 2 A Walks on Saturday

registration: The Village Hall, Main Street, Borris, Co. Carlow at 9.00 a.m. (transport to/from start/finish of walk)

start point: nine stones, mount leinster

actual distance: 17.4 km max. height: 783 metres

walking time: 7 hours approx finish point: Knockmulgurry

Starting from the Nine Stones you ascend Mount Leinster in a southerly direction. From the TV mast you proceed southwards ascending onto Knockroe before descending into Scullogue Gap. From there the walk again ascends onto the Blackstairs Mountains with stunning views over Carlow and Wexford. Descending from the Blackstairs Mountains the walk finishes in Knockmulgurry.

#### A walk - siúlóidí A - Walk 2

registration: The Village Hall, Main Street, Borris, Co. Carlow at 9.00 a.m. (transport to/from start/finish of walk)

start point: Drummin, near the village of Glynn

actual distance: 14.2 km max. height: 732 metres

walking time: 6 hours approx finish point: Scullogue

This walk covers the South Blackstairs Ridge offering great views of the rich woodlands of the White Mountain. From there the walk ascends north to Carriagalachan Gap and over the Blackstairs Mountains before finishing in Scullogue.

#### B walk - siúlóidí B - Walk 1

Visitors to the festival have a choice of 4 B Walks on Saturday

registration: The Village Hall, Main Street, Borris, Co. Carlow at 9.00 a.m. (transport to/from start/finish of walk)

start point: Rathnageeragh Castle, Myshall

actual distance: 11.1 km max. height: 522 metres

walking time: 5 hours approx

finish point: Nine Stones, Mount Leinster.

This walk departs from Rathnageeragh Castle (in ruins) before ascending Slievebawn and then descending into Tomduff. From there the walk passes through Raheenkyle and Raheendarragh before ascending once again to finish at the Nine Stones vantage point. From here there is a splendid vista of the entire Carlow countryside and areas further afield from the Wicklow Hills to the coast of Wales on a fine day.

#### B walk - siúlóidí B - Walk 2

registration: The Village Hall, Main Street, Borris, Co. Carlow at 9.00 a.m. (transport to/from start/finish of walk)

start point: Scratoes Bridge

actual distance: 13.7 km max. height: 449 metres

walking time: 5 hours approx finish point: Myshall

Starting at Scratoes Bridge this walk crosses to John's Hill and from there to the windmills, where visitors have the unique opportunity to view the wind energy process. From there the walk moves on to Croaghaun and then north to Rosacurra before finishing in the pretty village of Myshall at the foothills of the Blackstairs.

#### B walk - siúlóidí B - Walk 3

registration: The Village Hall, Main Street, Borris, Co. Carlow at 9.00 a.m. (transport to/from start/finish of walk)

start point: Rathanna

actual distance: 10.2 km max. height: 783 metres

walking time: 5 hours approx finish point: Tomduff

From near Rathanna village this walk heads up a north eastern ridge to reach Mount Leinster before descending to the Nine Stones. From here it ascends once again to Slievebawn before finishing at Tomduff.

#### B walk - siúlóidí B - Walk 4

registration: The Village Hall, Main Street, Borris, Co. Carlow at 9.00 a.m. (transport to/from start/finish of walk)

start point: Corrabut

actual distance: 11.4 km max. height: 642 metres

walking time: 5 hours approx finish point: Rathanna

This walk starts in Corrabut before crossing the shoulder of Mount Leinster and the Mountain River near Rathanna.

#### C walk - siúlóidí C - Walk 1

registration: the carpark, rathanna village at 2.00pm (transport to/from start/finish of walk)

start point: the carpark, rathanna village

actual distance: 7.5 km walking time: 2 hours approx

finish point: the carpark, rathanna village

7.5km of pleasant walks around the pretty village of Rathanna, at the foothills of the Blackstairs Mountains in south Co. Carlow.

### sunday, 12th october - dé domhnaigh

#### A walk - siúlóidí A - Walk 1

registration: The Village Hall, Main Street, Borris, Co. Carlow at 9.00 a.m. (transport to/from start/finish of walk)

start point: Corrabut Gap

actual distance: 20.9 km max. height: 774 metres

walking time: 7 hours approx finish point: Corrabut Gap

From Corrabut the walk ascends to Mount Leinster and onto Black Rock Mountain. From there the walk descends to John's Hill and to Croaghaun and from here winds its way back to the Corrabut Gap.

## entry form

name: \_\_\_\_\_

address: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

telephone number: \_\_\_\_\_

entry fee: \_\_\_\_\_ enclosed

please indicate your preferred walking route(s)

day 1		day 2	
saturday, 11th october		sunday, 12th october	
A Walk 1	€20.00 <input type="checkbox"/>	A Walk 1	€20.00 <input type="checkbox"/>
A Walk 2	€20.00 <input type="checkbox"/>	A Walk 2	€20.00 <input type="checkbox"/>
B Walk 1	€15.00 <input type="checkbox"/>	B Walk 1	€15.00 <input type="checkbox"/>
B Walk 2	€15.00 <input type="checkbox"/>	B Walk 2	€15.00 <input type="checkbox"/>
B Walk 3	€15.00 <input type="checkbox"/>	C Walk	€10.00 <input type="checkbox"/>
B Walk 4	€15.00 <input type="checkbox"/>		
C Walk	€10.00 <input type="checkbox"/>		
2 day walking pass		€30.00	<input type="checkbox"/>

Please complete this form and a written confirmation will be forwarded to you by return post. **Please do not arrive without having previously registered your intention to participate in the walking festival.** If you decide to participate at short notice (from Wednesday 8th October onwards) please contact the organisers directly to register your attendance T: 087-2379213. There are strict limits to the size of each walk.

## accommodation breaks

From €135.00 per person sharing (2 nights Bed & Breakfast accommodation, 2 evening meals and 2 packed lunches).

I am interested in availing of the above accommodation package or wish to receive more information on accommodation breaks.

Forms should be returned with relevant payment to:  
Carlow Tourism, The Foresters Hall, College Street, Carlow.